且一坊領您 進入樂活 BESCARGOT lead you to "LOHAS"





一本您細讀滾絕不滾悔的手冊 A book your will never regret to read

# History has never change,

GOD CREATED ME

Content 內含

1, Corporate Culture 企業文化

2, About B1F 關于貝一坊

3, Media Reports 蝸牛的媒體報導

4, Corporate Profile 貝一坊的集團簡介

5, Social Obligation 貝一坊事業人生

# 教例改進將來 weimprove future!

### 由於農作物受損,牲畜損失以及個人或商業食品供應的變質,可能導致糧食短缺。

Food shortages are possible due to crop damage, loss of livestock, and spoilage of personal or commercial food supplies.

# 開啟夢想與命運的鑰匙 THE KEYS TO UNLOCKING YOUR DREAMS & DESTINY

A most economical valued FARMING in Malaysia

## 企業願景

國際化思維

- 開發展新的農植及拓展新市場
- 致力創造無限生機及能源
- 低投資,高盈利能力與道德價值 觀和社會責任

### 企業使命

環保生態發展

- 通過連續監測與專家和農業技術
   工人成長性檀香。
- 適當的保養,在溫室,滴灌系統 的苗圃。
- 開發產品和服務,以有效的方式
   來產生真正的可持續的成果。
- 通過分析,科學和技術,我們將 展示我們的商業決策都涉及到保 護環境和客戶端。
- 取得實質性農村就業,扶貧,提 高人民的生活質量,提高綠化覆 蓋率,減少全球變暖和保護宇宙 的生物多樣性。

### 企業目的:

- 愛護環境,尊重和透明度。
- 養育園提供認證的碳抵消額度以 及來自蝸牛巨額投資回報。這給 我們的客戶有機會以抵消綠色環 保,同時享受的是解決方案的一 部分獎勵費用

# **Corporate Culture**

# Corporate Vision

 To protect the living organism by Green Revolution, to suppress the Global Warming; to increase Rural Employment by doing Snail Cultivation.
 Low investment with High profitability with moral values and social responsibility

### Corporate Mission

- Growing Quality Snail by continuous monitoring with the experts& Agriculture skilled workers.
- Proper Maintenance of the Nursery in the Green House, Drip Irrigation Systems.
- Develop products and services in an effective manner to produce real sustainable outcomes.
- Through analysis, science and technology, we will demonstrate our business decisions are related to protecting the environments and clients.

 Achieve substantial rural employment, poverty alleviation, improve quality of life of the people, increase the green cover, diminish global warming & to preserve bio-diversity of the universe.

# Corporate Objective

- Environmental care, respect & transparency.
- Farms delivers certified carbon offset credits along with substantial investment return from snail cultivation. This gives our clients the opportunity to offset the cost of going green while enjoying the rewards of being part of the solution.

# Who are we?

We are a Public Company limited by share. It was established in 2021 and having its registered office at 4-3A-1, Block 4, Kompleks Kantonmen Prima, 698, Jalan Ipon, Batu 4.5, 51200 KL, Selangor Darul Ehsan.

What can we do to save the planet? We can work together to find solutions that work for earth and people. You are part of the solutions, you are **B1F**!

B1F is a environmental enthusiast, profitable organization, dedicated to the promotion of responsible agricultural management nationwide.

We enable businesses and consumers to make informed choices about the products they buy, and create positive change by engaging the power of market dynamics.

### 我們是一家發行股權的公眾公司。 它成立於2011年・辦事處設在 4-3A-1, Block 4, Kompleks

4-3A-1, BIOCK 4, KOMPIEKS Kantonmen Prima, 698, Jalan Ipon, Batu 4.5, 51200 KL, Selangor Darul Ehsan

我們可以做些什麼 來拯救地球?我們可以一起規劃找出對地球和人們的工作方案。其中,您也是解決方案的一部分,你也可以是「貝一坊」!



# History

Concerned about accelerating deforestation, environmental degradation and social exclusion, a group of entrepreneur timber users and traders, representatives of environmental and human rights organizations met in **Malaysia** in 2015.

Deforestation destruction of agricultural growth also

This diverse group highlighted the need for **Corporate Social Responsibility** that could credibly identify well-managed forests as the sources of responsibly produced wood products.

The concept of **BHB/B1F** and the name were coined at this meeting.

Following intensive consultations in **Johor** to build support for the idea of a Snail Nursery (R&D) in 2016

The **BIF Secretariat** opened in **Kuala Lumpur, Malaysia** and the **B1F** was established as a legal entity in **Malaysia by 2021**.

### 一個創新的紮根理念 An innovative idea takes root

### 我們的經歷

關注在加快毀林速度、環境退化和社會排 斥,一組企業家、木材的用戶及貿易商、 環境的代表和人權組織在馬來西亞于2015 年會面。

毀林即等于破壞農業支持產業的成長

這個群體強調要覆行企業社會責任,可以 令人信服地識別管理良好的森林作為負責 任生產木製品的來源。

「億螺/貝一坊」名稱的概念·創造了本 次會議。

密集磋商之後,在2016年于柔佛建立了第 一個蝸牛研發做為開始。

「貝一坊」秘書處設在馬來西亞的吉隆坡 市,在大馬作為一個合法的企業實體,成 立於2021年。

### 2, About B1F 有關貝一坊

Since prehistoric times, man all over the world consumed what they could for survival, and that sometimes included snails. In several parts of the ancient world including the Roman Empire, snails were eaten frequently. In fact, they were harvested so that there would be a huge supply of them all the time to meet the demand.

That desire to consume them hasn' t stopped there. They continue to be a huge industry for the restaurant business. Offering snails is getting usual for unusual receptions and other elaborate affairs. If you haven' t tried them, the idea may not be very appealing to you. However, you may find that your taste buds are really impressed by them.

Land snails are regularly consumed in the European cuisine. It is no secret that many people find snails to be delicious as an appetizer or as a main course. There are plenty of well known recipes out there for making them and many people do so at home. Such dishes are common in many types of fine restaurants as well.

For example in France they are very popular and they are called with the French word "Escargot" . When cooked,

snails are prepared with garlic and parsley butter, added for seasoning and they are server in their own shell. They are very expensive due to the fact that they are considered a delicacy.

In Greece and Italy they are often consumed in a diversity of dishes and sometimes they are even used in sauces and poured over various types of pasta. Other countries like Spain, Portugal and Germany also consume them, where people create a variety of dishes. In the US there is huge market for Escargots where they are

v of imported from many countries.
 for Many of the recipes found in
 some restaurants are spin offs
 re from what is cooked in the
 European countries.

Escargot is the common name for snails when they are to be eaten in a dish. Millions of pounds of snails are consumed around the world annually. In fact, there is even a day to celebrate it! May 24th is the National Escargot Day.





Bescargot Group Funder/Chairman Mr. Allan Chan Kok Hoong

#### Other co-founder of the company



Professor. Dr. Anne-Sophie Bongain



Miss. Jenny Chan Wai Ping

Snails tend to feed on a variety of items found in their natural habitat. What they will actually consume depends on where they live and the species of snail that they are. Some common items for their diet include plants, fruits, vegetables, and algae. Plants that are decaying are often a good meal for them. Seeking for calcium to get a thicker shell, snails usually will eat the dirt.

Mr. Sean Chan Sek Nam Most snail species are herbivores, which means they have only a plan diet, but some species are carnivo or omnivores. You will likely find s around your garden as this offers

which means they have only a plant diet, but some species are carnivores or omnivores. You will likely find snails around your garden as this offers them plenty of fresh plants and leaves to eat. If you use herbicides or pesticides on your plants you may be causing the death of many snails without even realizing it.





- Malaysia first snail cultivation company
- Malaysia largest snail cultivation plantation company
- Malaysia only snail cultivation company
- First organization to introduce snail cultivation in Malaysia
- Democratic firm, transparency at every stage
- Farmer shareholding company
- Technical know-how from cultivation to products
- Foreign collaborations with leading companies
- Provides all technical services
- Reliable snail source, good quality products with out blending
- It is expected that quantities will be regularly available as the company emerging as one of the largest snail raw material source

### 為什麼是「貝一坊事業」?

- 馬來西亞首個蝸牛養殖公司
- 馬來西亞最大的蝸牛養殖公司
- 馬來西亞唯一的蝸牛養殖公司
- 馬來西亞第一個介紹蝸牛養殖的 組織
- 民主的堅定,在每一個階段的透明度
- 農民股份公司
- 擁有技術訣竅,從養殖到產品
- 與國外技術合作及領先的公司
- 提供所有技術服務
- 可靠的蝸牛品種來源,優質的產品與品牌
- 因此預計數量將經常使用的公司

# HOW does B1F look into this snail cultivation in Malaysia?

Diversity in agriculture is inevitable in the present times. But, who will take the lead in doing it is the main question that crops up. In such circumstances, it is laudable that the **B1F** is introducing such a golden crop as snail to farmers of Malaysia (or this region).

Being a crop that is simple to grow, natural, extremely suitable to the climatic conditions prevailing here, and lucrative, there is no doubt that **snail cultivation** will contribute immensely to the economic development of the farmers in Malaysia (or this region).

B1Fbelieve the company a grand success for its bold initiative.

### 「貝一坊事業」如何看待在馬來西 亞的蝸牛養殖?

在當前的趨勢,多元化農業種植是 不可避免的。但是,誰將會率先這 樣做是主要問題。在這種情況下, 「貝一坊」推出此黃金農作物:蝸 牛給馬來西亞的農民(或本地區) 是值得稱道的。

作為一種作物可以簡單的成長、天 然,極其適合在這裡的氣候條件、 利潤豐厚,毫無疑問的,蝸牛養殖 能夠大大地協助農民在馬來西亞的 經濟發展(或本地區)貢獻。

「貝一坊事業」相信公司將因此大 膽的舉措獲得的成功。

Global Strategy

### Heliciculture (Snail Cultivation)

Even today, snail cultivation has got a very real economic significance. In France alone, **80,000** tonnes of snails are eaten per year.

French snail cultivation methods usually aim at fattening the snails by keeping large numbers of them in small spaces, greenhouses and pens, and feeding them with artificial food mixes.

In France, usually the Escargot Petit Gris (Cornu aspersum) is cultivated.

周子蝸牛 About Snail

So a solution is sought by cross-breeding with giant Cornu aspersum varieties from North Africa (circumventing any form of nomenclature those are called Helix aspersa maxima), but the result are snails with dark meat that have to be cultivated further, so they more resemble the desired Helix pomatia externally.

As so often is the case, the statement, an economically feasible cultivation of Helix pomatia was not possible, is not entirely accurate. Helix pomatia cultivation exceeding simple fattening of snails mainly in Southern Germany has got a old history going back into the Middle Ages. At that time, trade connections, for medieval standards almost worldwide, from peasant Swabia to Vienna and Paris, are witness to the success of Swabian snail trade.

### 白玉蝸牛的成功栽培創造了本世紀蝸牛養育的發展 The successful cultivation of white jade snails has created the development of snail breeding in this century



Bescargot Lab at JB 在条佛的研發場

# What B1F do?

B1F works to improve food chain management, this incentive brings direct benefits to the food industries, such as protecting food biodiversity, indigenous peoples' rights, worker's rights, and areas of significant environmental or cultural importance.

「貝一坊」在做什麼? 「貝一坊」的工作改善食物鏈管理,這種激勵帶 來糧食界的直接利益,如提昇食物多樣性、土著 權利、工人的權利、以及環境或文化意義領域的 顯著。

# <sub>蝸牛的用處</sub> Usefulness of Snail



Can Food 罐頭食品

A can of snail meat "snails in their own sauce" is a perfect solution for professional cooks, restaurateurs and for home preparation, it is the highest quality meat.

"用特制的蝸牛醬汁"的罐裝蝸 牛肉是專業廚師,餐館老闆和家 庭準備的完美解決方案,它是最 高品質的肉。



### Snail Meat 蝸牛肉

also excellent 還有優質的

- live snails
   活蝸牛
- frozen snails
   冷凍蝸牛
- eggs for "caviar" " snails, 蝸牛卵 "魚子醬"
- Frozen meat extract 冷凍萃取螺肉粉
- Calcium powder 螺殻鈣粉
- Powdery raw offal 粉狀內臟原料

### Overview 概述

 Demand for snails from consumption, pharmaceutical usage to fishery industries has been on the increasing trend.
 蝸牛的消費(食用),藥用及漁業用需求一直呈增長趨勢。

Global commercialized yearly production is estimated at 500,000 tons. 全球商業化年產量預計為500,000噸



#### Cosmetics that Closer to Health

Snail mucus is a natural and balanced composition of substances necessary to initiate and support skin repair processes. Our creams and serums are professional cosmetics, perfected in every respect, for home use.

snail slime was created for delicate skin that requires careful care and intensive hydration. The delicate formula of the cream based on natural active ingredients contained in snail mucus, enriched with HYALURONIC ACID AND ARGININE, stimulates collagen synthesis, strengthens the epidermal barrier and stimulates the skin renewal processes, making it firm, elastic, deeply moisturized and thus rejuvenated.

#### **BIOACTIVE COMPLEMENT:**

as a rich source of antioxidants, allows the skin to regain comfort, smoothness and effective relief, the cream soothes and improves skin elasticity.

### 更貼近健康的化妝品

蝸牛粘液是自然和平衡的物質組成,這些物質是啟 動和支持皮膚修復過程所必需的。我們的面霜和精 華素是專業化妝品,在各個方面都完美無瑕,適合 家庭使用。

適用於需要仔細護理和密集保濕的脆弱皮膚。以蝸 牛粘液中所含的天然活性成分為基礎的精緻乳霜配 方,富含透明質酸和精氨酸,可刺激膠原蛋白合成, 增強表皮屏障,並刺激皮膚更新過程,使其緊實, 富有彈性,深層滋潤並因此煥發青春。

### 生物活性補劑:

INFINITELY BEAUTIFUL

抗氧化劑的豐富來源,可使皮膚恢復舒適感,光滑 度和有效緩解感, 該乳霜可以舒緩並 改善皮膚彈性

The mucus secreted by snails are full of
collagen, glycolic acid, antibiotics and other
compounds that regenerate skin cells and heal
cuts and believes it could presage a cosmetic
revolution through harvesting of its slime.
Snail slime is a kind of mucus, an external
bodily secretion which is produced by snails,
gastropod mollusks. The reproductive system
of gastropods also produces mucus
internally from special glands, specifically a

Snail Slime in General

internally from special glands, specifically a large gland located below the mouth. The discharge looks like gel, and it contains approximately 91 to 98% weight of water, depending on the species, combined with a small amount of high molecular weight glycoproteins.

#### Use In Cosmetic

Currently snail slime is commonly used in human cosmetics worldwide and is growing rapidly over the years. Traditionally, it is used medicinally from Ancient Greece to the Middle Ages internally against gastrointestinal ulcers, and in the form of syrup, to soothe a cough.

#### 蝸牛粘液本質

蝸牛分泌的粘液充滿了膠原蛋白, 乙醇酸,抗生素和其他可再生皮 膚細胞並能治癒傷口的化合物, 並相信可以通過收穫粘液預示一 場美容革命。

蝸牛粘液是一種粘液,是蝸牛腹 足綱軟體動物產生的一種外部身 體分泌物。腹足動物的生殖系統

> 還從特殊腺體內部產生 粘液,特別是位於嘴下 方的大腺體。排放物看 起來像凝膠,並且根據 種類,其中包含約91 %到98%的水,並結 合有少量的高分子量 糖蛋白。

#### 用於化妝品

**Chnaph** 

目前,蝸牛粘液在全世界的人類 化妝品中普遍使用,並且在過去 幾年中迅速增長。在傳統上,從 古希臘到中世紀,它在醫學上用 於治療胃腸道潰瘍,並以糖漿形 式緩解咳嗽。 Page 7



Expected Snail duplication capacity chart

50% successfully hatching and growing up	1st 4 months	2nd 4 months	3rd 4 months	Sub Total in a year	4th 4 months	5th 4 months	6th 4 months	2nd year	amazing
10 x 300 ( <b>B*</b> )	1,500 (1- <mark>8*</mark> )	1,500 (2- <mark>8*</mark> )	1,500 (3- <mark>8*</mark> )	4,500 <mark>8*</mark>	1,500 (5- <mark>8*</mark> )	1,500 (7- <mark>8*</mark> )	1,500 (9- <mark>8*</mark> )	9,000 <mark>8*</mark>	6
(1) 1,500 x 100 🗧			75,000 (4- <mark>8*</mark> )	75,000 <mark>B*</mark>	75,000 (6- <mark>8</mark> *)	75,000 (8- <mark>8*</mark> )	75,000 (10- <mark>8*</mark> )	300,000 <mark>B*</mark>	to
(2) 1,500 x 100 ≤			Λ	79,450 B*	75,000 (1)	75,000 (2)	75,000 (5)	388,450 B*	ιυ
(3) 1,500 x 100 €						75,000 (3)	75,000 (6)		
(4) 75,000 x 100 ≦					/	🦻 3,750,000 (4)	3,750,000 (7)		estimate
(5) 1,500 x 100							75,000 (8)		See. 6 FINE GOLD
(6) 75,000 x 100							3,750,000 (9)		the
(7) 75,000 x 100						/	3,750,000 (10)		the
B*: Breeding Snails									
<ul> <li>10,000 breeding snails can produce 500k young snails for 10 acres farms.</li> <li>Third Year sellable snails: 11.475 million 30g net – 344 M/T (2nd sell), USD4,500 /</li> </ul>									<b>fertility</b>
First 3,975,000 snails request 80 acres of farms.      tons – USD1,548,000 (MYR 6M+-)									
<ul> <li>15,450,000 snails need 309 acres of farms.</li> <li>Second Year sellable Snails: 3.825 million 30g net – 110 M/T (1st sell), USD4,500 / MYR 6M+ And every year to MYR 18M+-)</li> </ul>								rate	
tons = USD495,000 (MYR 2m+-)								Pran Pran	
	Bescargot migh	It double by the	farm size from	third years					

第三年「貝一坊」將番一倍場地提高生產量



#### 貝殼螺第一坊有限公司(貝一坊)財務預算 絕對的成長空間 absolute room to growth Bescargot First Farms Berhad (B1F) Financial Budget 財政支出 Fiscal Expenditure 財政收入 Revenue (Profit) 硬體設施 養殖 20 股息 2021 2022 2023 2024 2025 2026 2029 2030 2031 2032 2033 2027 2028 Facilities Farming Dividend 12.5+2.5=15.0m25m 4.5m9.0m 13.5m13.5m13.5m13.5m13.5m13.5m13.5m13.5m13.5m21 13.5m 12.5+5.0=17.5m22 25m4.5m4.5m9.0m 13.5m13.5m 13.5m13.5m13.5m 13.5m 13.5m13.5m13.5m23 25m12.5 + 7.5 = 20.0m4.5m4.5m9.0m13.5m 13.5m 13.5m 13.5m 13.5m 13.5m 13.5m 13.5m25m 12.5+10.0=22.5m 21.6m 4.5m9.0m 13.5m 13.5m13.5m 13.5m13.5m 13.5m 13.5m24 49.5m 54.0m 100m75m 13.5m27.0m 40.5m 54.0m 54.0m 54.0m 54.0m 54.0m 54.0m 4.5mRevenue - Dividend В 9.0m 5.4m6.4m15.4m32.4m BF 14.4m20.8m 36.2m 18.6m 9.0m21.6m 25 2.5m 10.0m2.5m 10.0m21.6m 26 25.0m 15.0m + 10.0m21.6m 27 13.5m 13.5m 25.0m 17.5m + 10.0m21.6m 4.5m9.0m 13.5m13.5m28 29 25.0m 20.0m + 10.0m21.6m 4.5m9.0m 13.5m13.5m 13.5m 25.0m 22.5m + 10.0m21.6m 4.5m9.0m 13.5m13.5m 30 25.0m 25.0m + 10.0m21.6m 4.5m9.0m 13.5m31 可控的成本 controllable 25.0m 27.5m + 10.0m21.6m 4.5m9.0m32 25.0m 30.0m + 10.0m21.6m 4.5m33 costing 59.5m 67.5m 81.0m 94.5m 108.0m 121.5m Revenue - Dividend В 37.9m 45.9m 59.4m 72.9m 81.9m 86.4m BF 18.6m 4.0m(5.1m)(3.2m)9.7m 29.1m 50.5m

1, Dividend 12% x 13 years = 156%

2, If we jointly go listing with Bescargot Holdings Berhad, then the share price of PE120, food-industry may reach 6.00 within 3 years

# We are lack of Food, <sub>人類缺乏糧食</sub>、



當邊界區域內的糧食供應 無法提供該區域人口所需的能量和營養時, 就會發生糧食短缺。 糧食短缺最容易被概念化為: 生產問題, 但對進口和儲存的限制 也可能導致或造成糧食短缺。 (來源:聯合國大學網站)

Food shortage occurs when food supplies within a bounded region do not provide the energy and nutrients needed by that region's population. Food shortage is most easily conceptualized as a production problem, but constraints on importation as well as storage can also cause or contribute to food shortage. (Source: UN University website)

# wersity website) 培育蝸牛促進食物的供應 Snail cultivation fortified

food supply! Image: snail

### 養蝸牛應對糧食短缺 Cultivating snails to cope with food shortages

- Snail meat is a good source of protein. It is rich in iron and calcium, but low in fat and cholesterol compared to other protein sources like pork and poultry.
- Snails can reach sexual maturity in less than a year even as early as 5 months under laboratory conditions without delays due to aestivation or hibernation.
- Egg laying frequency depends on climate, particularly on frequency and duration of the rainy seasons. Upon hatching, the hatchlings consume their eggshells and its unhatched siblings, remaining underground for 5 to 15 days and feeding on organic detritus. Eventually they feed primarily on plants at night, returning to roost before dawn.
- In general, this garden snail with shell lengths of 5 to 30 mm apparently causes the most damage to plants. As such, escape proof is essential and compulsory in order to breed such slow growing animal otherwise without any natural elements; it may end up destroying a wide range of agricultural crop and causing considerable economic damage.



# 營養不均衡是傷害 Imbalanced nutrition is harmful

什麼是不均衡飲食?

從最基本的角度來看, 飲食不均衡意味著您的身體 無法從所吃的食物中 提取所需的全部營養。 這也可能意味著您所食用的某些食物 實際上含有對健康有害的成分。

What is an Unbalanced Diet?

At the most basic level, an unbalanced diet means your body is unable to extract the full range of nutrients it nee from the food you' re eating. It may also mean that some of the food you' re consuming actually contains ingredients harmful to health.

> 蝸牛食物提供均衡營養 Snail for balanced

> > food nutrition!

	Nutrients	Units of measurement for nutrients	N 1
Th	<b>e</b> Water	g	
	Energy	kcalorie	
sna	Energy	kj	
1 AND D	Protein	g	
mea	at Total lipid (fat)	g	
	Ash	g	
	Carbohydrate, by difference	g	
	Fiber, total dietary	g	
	Sugars, total	g	
	Minerals		
32	Calcium, Ca	mg	
I I I I I I I I I I I I I I I I I I I	Iron, Fe	mg	
	Magnesium, Mg	mg	
R	Phosphorus, P	mg	
	Potassium, K	mg	
	Sodium, Na	mg	
	Zinc, Zn	mg	
	Copper, Cu	mg	
	Selenium, Se	mcg	
	Vitamins		
	Vitamin C, total ascorbic acid	mg	
A REAL PROPERTY AND A REAL	Thiamin	mg	
	Riboflavin	mg	
	Niacin	mg	
	Vitamin B-6	mg	
	Folate, total	mcg	
	Folic acid	mcg	
	Folate, food	mcg	
	Folate, DFE	mcg_DFE	
	Vitamin B-12	mcg	
	Vitamin A, IU	IU	
	Vitamin A, RAE	mcg_RAE	
tab	e Retinol	mcg	
	Vitamin E (alpha-tocopherol)	mg	
	Vitamin K (phylloquinone)	mcg	



79.20

90 377 16.10 1.40 1.30 2.00 0.0 0.00

10

3.50

250

272

382

70

1.00

0.400

27.4

0.0

0.010

0.120

1.400

0.130

0.50

100

30

30 5.00

0.1



The United States Department of Agriculture USDA National Nutrient Standard Reference



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### Snail Farming Brings Smile to Ivorian Refugees

Sadia is one of 30 visibly delighted refugees, among them 20 women, who are being trained in snail farming in the camp. The pilot project which started in 2011 is a UNHCRfunded income-generating activity for the refugees.

Like their Liberian hosts who eat snails as a delicacy, Ivorian refugees say back home they used to roam the forests looking for snails for household consumption and income. They express delight that they have what they describe as a "snail village" in their camp. Rather convincingly, they argue that eating snail prevents many diseases because it is very rich in nutrients – it is high in protein and iron, low in fat and contains amino acids.

After some months of training, the refugees are now knowledgeable about the various processes snails undergo before harvest. Soils with high organic matter support the growth and development of snails. The snails pen in refugees camp

The farming starts in the Breeding Pen to

and finally to the Free Range," explains

Sadia.

Raise Pen, Paddock or "semi-free" Range,



帶來微笑「薩迪亞」是30名明顯令人

 高興的難民之一・其中20名

高興的難民之一,具中20名 婦女正在該營地接受蝸牛種植 方面的培訓。2011年開始的 試點項目是由難民署資助的難 民創收活動。

蝸牛養殖給科特迪瓦難民

就像他們的利比里亞人的主人 以美味佳餚來吃蝸牛一樣,科 特迪瓦難民說,他們回到家中 時曾在森林裡漫遊,他們在尋 找蝸牛來為家庭消費和收入。 他們對自己的營地中有個"蝸 牛村"感到高興。令人信服的 是,他們認為吃蝸牛可以預防 許多疾病,因為它的營養非常 豐富-高蛋白質和鐵,低脂肪, 並且含有氨基酸。

經過幾個月的訓練,難民現在 了解了蝸牛在收穫前所經歷的 各種過程。具有高有機質的土 壤支持蝸牛的生長和發育。薩 迪亞解釋說:"耕種從育種筆 開始,以提高筆,圍場或"半 無"範圍,最後到自由范圍"



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# Living with No-Rush

Garden snails (helix apersa) a top speed of 50 yards per hour, this is about 1.3 cm. per second. While they don't move fast, they do move at a very steady pace. The snails are one of the slowest creatures on the entire Earth.



Prepared by: Hexatage Commodity Consultant B-10-1, Bayu Tasik 1, Jln Sri Permaisuri 5, Bandar Sri Permaisuri, 56000 Kuala Lumpur.